



Cabot Youth Football

Each year 20 million children register for youth sports. But here is the sad news...the National Alliance for Sports reports that 70 percent of these kids quit playing these league sports by age 13 - and never play them again.

Why? According to Michael Pfahl, executive director of the National Youth Sports Coaches Association, "The number one reason (why they quit) is that it stopped being fun." With figures like these, it's time we rethink how we present youth sports to kids.

As a coach, YOU ultimately determine whether your players have fun or not. Your actions affect your players. Treat everyone with respect. Be positive. Life is about winning and losing. Teach them how to win and how to lose. Be a good role model. Show good sportsmanship. ***Make this year fun for the kids!*** Don't be the reason a child chooses to never play sports again.